

Local Government Association of South Australia













The voice of local government.

## How is your El

 You often feel like others don't get the point and it makes you impatient and frustrated.

 You're surprised when others are sensitive to your comments or jokes and you think they're overreacting.

You think being liked at work is overrated.





## How is your El

- You weigh in early with your assertions and defend them with rigor.
- You hold others to the same high expectations you hold for yourself.
- You find others are to blame for most of the issues on your team.
- You find it annoying when others expect you to know how they feel.



## Emotional Intelligence

#### **Personal Competencies**

These capabilities determine how we manage ourselves

Self Awareness
Self Management





## Social intelligence

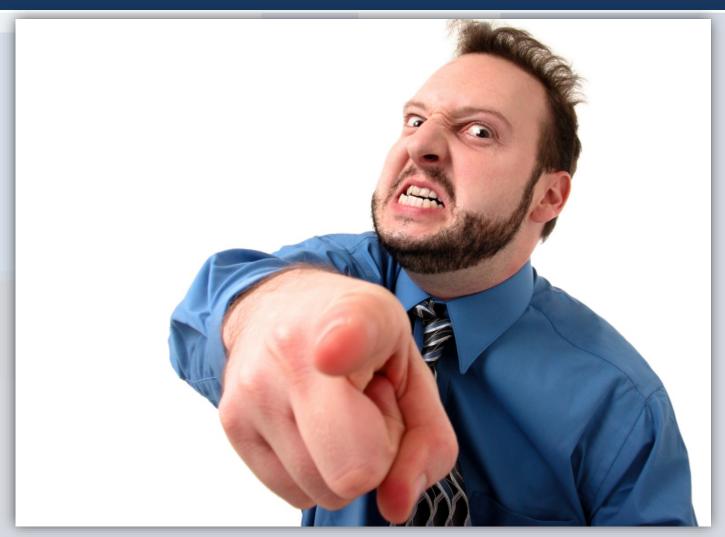
#### **Social Competencies**

These capabilities determine how we manage our relationships with others

# Social Awareness Relationship Management



## Meet Craig





## Four Strategies

Beware the gap

Press pause

Get Feedback

E

Wear both shoes





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