ACTIVE AGEING IN SOUTH AUSTRALIAN COMMUNITIES

4 & 5 October 2012
Adelaide Town Hall – 128 King William Street, Adelaide

DAY 1

DINNER THURSDAY 4 OCTOBER 2012 – BANQUETING ROOM

6:30pm (for 7:00 pm start) Welcome
Wendy Campana, CEO LGA SA

Address
Active Ageing in South Australia - a Thinkers Perspective
Dr Alexandre Kalache, Thinker in Residence (Age Friendly Cities)
Government of South Australia

DAY 2

FORUM FRIDAY 5 OCTOBER 2012 – MEETING HALL

8:30am Registration and Coffee / Tea
Greg Mackie OAM, Executive Director Office of the Ageing (Compe’re)

9:00am Welcome and LGA Presentation
Mayor Kym McHugh, President LGA SA

9:15am Keynote address – Age Friendly Communities and Local Government - Local and International Experiences
Dr Alexandre Kalache, Thinker in Residence

10:00am Launch of Guidelines for Age Friendly Communities and Environments
Hon John Hill, Minister for Health & Ageing

10:15am Baby Boomer Lifestyle Choices – A Survey of Older South Australians
Professor Mary Luszcz, South Australian Active Ageing Research Cluster

10:35am Morning Tea

11:00am Guidelines to Practice: Lessons Learnt from the Age Friendly Pilot Projects
Angela Hazebroek Director URPS
Tracy Johnstone Manager Customer and Community Services City of Campbelltown
Bronwyn Webster, Manager Customer and Community Services City of Charles Sturt
Mark Oliphant, Manager Community Services City of Victor Harbour
In 2011/12, five Councils participated in ‘pilot projects’ to take the draft South Australian age friendly guidelines and toolkit into practice. With support from Thinker in Residence Dr Alexandre Kalache, the Office for the Ageing and URPS, these Councils undertook a ‘whole of Council’ self assessment and drew on the draft guidelines and consultation with their communities to develop an Active Ageing Action Plan. Facilitated by Angela Hazebroek (URPS), this interactive session will explore the process undertaken for these projects, the benefits and challenges of working across Council in planning for active ageing, and the lessons learnt for other places.

11:45am  
**Age Friendly Residential Developments**  
*Bryan Moulds, Masonic Homes Ltd*

12:15pm -1.15pm  
**Lunch**

1:15pm to 2.15 pm  
** Concurrent Workshops A and B**  
**Excellence in Active Ageing Planning, Collaboration and Innovation - learning, challenges and opportunities**

**Concurrent Workshop A**  
**Harnessing your local community skills base for excellence in aged care outcomes**  
*Anne O'Reilly, Director Community Services City of Port Augusta*

Port Augusta City Council is well known for its responsiveness to community issues. Anne O'Reilly, Director of Community Services, has over 20 years experience in the Aged Care industry and has witnessed many changes in that time. Anne has also seen outstanding examples of what can be achieved by a collaborative approach to meeting the community's needs. Anne will give an overview of the active ageing programs and activities of the Port Augusta City Council. She will also feature two of Port Augusta's success stories:

- the Port Augusta Men's Shed Project, the first of it's kind in Country South Australia when it commenced in 1999 and also featured on the ABC's "Can we help?" in 2010; and
- "Partnerships in Positive Ageing" an aged care network developed in 2008 as a recommendation of Council's Ageing Strategy which has achieved some significant collaborative outcomes.

**Hills Positive Ageing**  
*District Council of Mt Barker, Adelaide Hills Council and part of Alexandrina Council, along with:*  
*Susan Smalldon, Hills Positive Ageing Project Officer*
*Stuart Boyd, Manager Community Development Adelaide Hills Council*

This presentation will show how three Councils have joined up through the HACC Collaborative project to deliver a broad based approach to developing age friendly communities. Adelaide Hills, Alexandrina and Mount Barker Councils have worked collaboratively with aged service providers in the region for many years. This collaboration has delivered a regional positive ageing strategy which continues to influence service delivery for older people, while also working toward resolving key issues such as adaptable and affordable housing.
Great Living in Late Adulthood -Starting with People not Policy

David Kelly, Deputy Director The Australian Centre for Social Innovation (TACSI)

In 2011, the Office for Disability, Ageing and Carers commissioned TACSI to undertake the Caring Project working with a range of organisations in co-design and research including the Salisbury and Unley Councils, ACH Group and Helping Hand Aged Care. We commenced the project spending significant time observing and being with older people in caring roles and relationships asking them how they defined great living. We call our co-design approach “Working Backwards” because we start with people rather than policy and we always start by asking how people define good outcomes. We believe that innovative ideas for solutions come from the people experiencing social challenges and the people who have discovered their own solutions.

David will focus on a series of co-designed new solutions that enable great living in late adulthood:

- open mindsets;
- motivational relationship;
- vibrant networks; and
- developmental services.

OR

Concurrent Workshop B
Integration of Strategic Planning for Active Ageing at a Local and Regional Level

The Eastern Regional Alliance:
Peter Tsokas, Chief Executive Officer City of Unley
Heather Lane, Social Planner City of Tea Tree Gully
Celine Luya, Community Development Officer City of Unley

A key challenge for successful integration of strategic planning across Council services, and within regions of Councils, is the establishment of an effective structure for decision making, monitoring and reporting. This is particularly relevant to the impact of an increasing ageing demographic on all Council services. Ageing can no longer be seen as the sole responsibility of the community services sector - there will be an impact on all Council services.

The City of Tea Tree Gully will share ten years experience in planning for the ageing demographic.

The Eastern Region Alliance (ERA) will be shown to be an effective regional model for collaboration.

The City of Unley will show how the Age Friendly Communities and Environments tool was used to identify linkages between a range of existing strategic plans.
Services, Silos and Strengths: Future Planning for Aged Services in Local Government

Nichola Kapitza, Manager Community Planning & Vitality
Pam Pindral, Manager Healthy Ageing & Access City of Salisbury

The City of Salisbury trialed the South Australian Age Friendly Environments and Communities (SAAFEC) toolkit to audit progress against the World Health Organisation’s (WHO) “age friendly” checklist and assist in setting the direction for future planning. The toolkit provided valuable insights into areas of strength and potential development that will be used in expanding the focus of Salisbury’s approach to supporting people who are ageing in the northern metropolitan region.

We will also share in the presentation some of the strengths identified, particularly Council’s work with older members of culturally and linguistically diverse communities, who are “ageing in foreign land” and have specific support needs to ensure they remain active members of the community.

2.15pm – 3.00pm Forum
Discussion regarding the above Workshops A and B.

3:00pm Afternoon Tea

3:30pm Changing Hearts and Minds? Getting Active Ageing from Sound Bite to Life Bite!

Panel includes:
Wendy Campana, LGA (SA)
Rosetta Rosa, Council on the Ageing (COTA)
Allan Graham Aged and Community Services Australia (ACSA)
Greg Mackie, Office for the Ageing (OFTA)
Bryan Moulds, Masonic Homes.

Your chance to contribute to a Panel Discussion on the future of Active Ageing

4.30pm Close and Networking.