



Ngaityu Muiyu Tantu – My Feelings Bag

Designed to support Aboriginal and Torres Strait Islander families to read, yarn and sing with your little ones.

The pack includes

- A book written by a First Nations author and illustrator
- A book of feelings in Kurna language
- An Australian animal finger puppet
- Clapping sticks for singing songs and rhymes
- Deadly Parenting information from Families SA and Growing Families Together
- Links to websites and videos
- A bag designed by Kurna, Narungga and Ngarrindjeti artist Lawson Dodd

Reading with your little one

- Choose a time when you are relaxed and comfortable
- Hold the book so you can both look at the pictures
- Point and say the words
- Use different tones to show the feelings in the words
- Be creative and talk about the pictures, sing and make noises

Using props with your little one

- Use finger puppets or hand movements when reading, singing and storytelling
- Act out the story through play
- Talk about emotions and feelings when playing
- Use clapping sticks during songs and rhymes to help your child to feel the rhythm of language.

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