



# Wellbeing in Our Community

Regional Public Health Plan Report for the  
S&HLGA

1 July 2014 – 30 June 2016 Report

## ACKNOWLEDGEMENTS

The Regional Public Health Plan was developed for the Southern and Hills Local Government Association with the following Councils involved:

Adelaide Hills Council

Alexandrina Council

Kangaroo Island Council

Mount Barker District Council

City of Victor Harbor

District Council of Yankalilla





## Section 1: PROGRESS REPORT ON IMPLEMENTATION OF THE SOUTHERN & HILLS REGIONAL PUBLIC HEALTH PLAN FOR THE REPORTING PERIOD 1 July 2014 to 30 June 2016

### Notes

- The Southern & Hills Regional Public Health Plan was completed in May 2015 and formally endorsed in July 2015. As a result, the following report covers the period July 2015 to June 2016 only.
- The regional plan involves the following Councils - Adelaide Hills Council, District Council of Mount Barker, Alexandrina Council, City of Victor Harbor, District Council of Yankalilla and Kangaroo Island Council.
- The listed achievements indicate some of the activities of individual councils that have contributed to achieving the objectives of the regional plan and include significant activities, special projects and ongoing activities. It is not intended that every activity of every council is included.

THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
<b>THEME 1: HEALTHY ENVIRONMENTS</b>			
Built Environments	1.1 Aim for built environments that support communities to be active and socially connected (including all generations and levels of ability) and contribute to the health and well-being of communities. This will require a focus on creating liveable and 'walkable' towns and places with appealing and good quality public realm and open spaces.	Stronger and Healthier Communities and Neighbourhoods for all Generations  Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Councils across the region provided improved accessibility by identifying and upgrading problem footpath areas, and areas requiring additional car parks for disabled permit holders.</p> <p>Coastal councils completed beach access improvements, with Victor Harbor also trialing beach access improvements for people with a disability. Victor Harbor instigated a coastal safety signage strategy.</p> <p>Councils across the region completed playground development and upgrade programs, including some councils specifically considering playground improvements that provide improved access for children with a disability. Alexandrina completed the Bristow Smith Reserve Nature Play Space in Goolwa resulting in a popular venue for active recreation for children and families. Kangaroo Island provided new playground equipment at Kingscote Lions Park. Mount Barker constructed a youth recreation facility, including a junior skate park, in Davenport Square, Macclesfield.</p> <p>Victor Harbor completed a review of Victor Harbor Strategic Bicycle Plan to develop safe cycle networks.</p> <p>Councils across the region constructed footpaths to support walkable/liveable communities.</p>



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			<p>Alexandrina implemented the Strathalbyn Town Plan which includes linking a number of trails and footpaths and resulting in increased walkability. Kangaroo Island assisted the development of the American River walking trail, the Kingscote to Brownlow walking trail, the Reeves Point heritage trail, and liaised with local progress associations to develop walking trails at Penneshaw and Parndana.</p> <p>Councils across the region maintained and improved public open space (reserves) including facilities and equipment to support passive and active recreation opportunities. Kangaroo Island provided fencing at Parndana recreation reserve.</p> <p>Mount Barker completed master plans and concept designs for two significant recreation facilities: the Mount Barker Showgrounds and the Mount Barker Regional Sport and Recreation Precinct.</p> <p>Alexandrina and Victor Harbor completed design and commenced construction of the Fleurieu Regional Aquatic Centre, a \$21 million facility that will support a healthy, active community. The project won the 2016 State and National Local Government Professionals Excellence Awards in the Community Partnerships and Collaboration Category.</p> <p>Yankalilla provided new outdoor seating and shelter attached to the Yankalilla Community Centre &amp; Library</p> <p>Alexandrina established a cross organizational 'Healthy Spaces and Places' Working Group to oversee implementation of the Regional Public Health Plan. Adelaide Hills established an internal Place Making Group between a number of council departments to undertake a place making approach to villages and built form.</p> <p>Adelaide Hills developed a master plan for the Adelaide Hills Business and Tourism Site that considers options for both commercial and community use of the site and the activation of the surrounding open spaces.</p> <p>Victor Harbor completed a Victor Harbor Town Centre Traffic and Car Parking Strategy Management Study to improve integration between transport services and land use.</p> <p>Victor Harbor commenced Stage 1 of the seven stage Mainstreet Precinct upgrade to create appealing and vibrant public spaces. Mount Barker completed and endorsed two Main Street Strategies – one for Nairne and the other for Mount Barker (Gawler Street), and commenced implementation of the Gawler Street Strategy.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
Natural Environments	1.2 Plan for and maintain appealing and accessible natural environments and landscapes that contribute to the liveability of the region and provide unique and diverse activity opportunities.	Stronger and Healthier Communities and Neighbourhoods for all Generations  Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Mount Barker completed and endorsed a district wide biodiversity strategy. Victor Harbor continued implementation of the Urban Forests Program focusing on a landscape upgrade of Brandwood Reserve. Adelaide Hills is systematically implementing priority biodiversity strategies contained in their biodiversity strategy. Alexandrina conducted on ground biodiversity activities including obtaining a Green Army grant to support works.</p> <p>Coastal councils completed priority works to protect and enhance the coastal environment. Victor Harbor continued implementation of the Coastal and Estuarine Action Plan.</p> <p>Yankalilla partnered with the Adelaide Mount Lofty Ranges NRM Board and local environment groups to facilitate coastal revegetation and restoration of the natural environment, coordinated by a Coast, Estuary and Marine Officer.</p> <p>Adelaide Hills completed a draft water resources plan. Victor Harbor investigated options for extending the current Victor Harbor Water Reuse Scheme</p> <p>Kangaroo Island consolidated the Emu Bay Structure Plan into the Development Plan.</p> <p>Alexandrina attended the Senate Select Committee Inquiry into the Murray- Darling Basin Plan.</p> <p>Alexandrina implemented landfill diversion measures by adopting fortnightly kerbside waste collection.</p>
Housing	1.3 Encourage the provision of diverse housing choices including affordable housing and housing choices that support older adults and 'ageing in place', people with a disability and young people. This includes allowing for and encouraging diverse housing options through Development Plans and town planning.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Victor Harbor commenced a strategic review of residential capacity to inform a Residential Development Plan Amendment to guide future residential development. The Kangaroo Island Development Plan supports 'aging in place' and succession for farming families. Yankalilla is proposing local planning reforms to update the Development Plan to encourage a diversity of housing choices.</p> <p>The Adelaide Hills is undertaking a Town and Urban Areas DPA to facilitate development of smaller allotments in existing townships and settlements to provide smaller and more affordable housing options.</p> <p>Mount Barker approved subdivision plans which include significantly more diverse housing in green field land divisions. Mount Barker completed the Regional Town Centre Development Plan Amendment which includes provision for higher density housing in and adjacent to the Mount Barker town centre.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
			<p>Victor Harbor and Alexandrina supported the Southern Fleurieu Housing Roundtable to advocate for housing and related services and support coordination of service delivery and collaboration of service providers.</p> <p>Kangaroo Island Council supported the Kangaroo Island Housing Association and South Australian Community Housing Association in community housing projects. Council is also represented on the Office for the Commissioner for Kangaroo Island's Local Advisory Board for Housing on Kangaroo Island.</p>
Environmental Health	<p>1.4 Undertake and facilitate environmental health services and programs that respond to the requirements of legislation and reflect community issues. Specific initiatives that respond to the health risks in the region are considered in the Council Public Health Action Plans in accordance with available resources.</p>	<p>Sustaining and Improving Public and Environmental Health Protection</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>Mount Barker played a lead role in establishing a Hoarding and Squalor Working Group with the Rural City of Murray Bridge. Alexandrina Council partnered with the City of Onkaparinga on the Southern Hoarding and Domestic Squalor Group. Yankalilla, Victor Harbor and Alexandrina, through the Positive Ageing Taskforce, facilitated training on hoarding and squalor.</p> <p>Councils facilitated school and community immunisation programs, with many also offering influenza vaccinations free to staff as an initiative to reduce absenteeism and set a positive example to the community.</p> <p>Environmental health teams have actively engaged with businesses to implement new requirements that ensure their compliance with provisions of the Safe Drinking Water Act.</p> <p>Alexandrina constructed the Mount Compass Wastewater Treatment Plant. Kangaroo Island is constructing the Penneshaw Community Wastewater Management Scheme to alleviate onsite wastewater health issues. Councils worked with TAFE SA to revamp and deliver a food safety training program for local food businesses.</p> <p>Several Councils were involved in the auditing of high risk food businesses providing meals to vulnerable populations. Councils actively inspected food businesses throughout the region utilising the SA Health Risk Classification framework to determine the frequency of inspections, assessed food handling activities and food safety risks, and provided education.</p> <p>Numerous outbreak investigations were undertaken by Councils in conjunction with SA Health, dealing with issues such as legionella, and pests of public health significance.</p> <p>Councils across the region were involved in enforcement activities ranging from warnings through to prosecutions under the Food Act and Wastewater Regulations.</p>



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			<p>Environmental Health Officers across the region undertook risk assessments associated with notified drug labs to determine level of risk and remediation, utilising new public health legislation to facilitate long-term remedy.</p> <p>Councils supported the inaugural Public Health Week through a suite of activities across the region ranging from the provision of information on health and wellbeing and Council activities promoting healthy lifestyles.</p> <p>Alexandrina introduced a paraprofessional role in council's environmental health team to better utilise qualified Environmental Health Officers and provide improved customer service.</p> <p>A number of councils in the region were involved in the pilot and post-pilot delivery of the SA Health Food Safety Rating Scheme.</p> <p>A significant focus across the region was the assessment and inspection of the installation of wastewater management systems (as the local areas are largely outside of proclaimed SA Water sewer areas), routine inspections, and education of community in regards to wastewater options. Adelaide Hills allocated funding to continue the previously State funded project to work with property owners to enhance the integrity of private septic systems.</p> <p>Environmental Health Officers participated in the Southern Regional Group which provides a forum for the sharing of ideas and programs and facilitates a consistent approach to environmental health issues throughout the region.</p> <p>Body piercing and tattooing businesses throughout the region were routinely inspected to ensure that their risk management processes were compliant with the SA Health Code of Practice and with their General Duty under the SA Public Health Act.</p> <p>Councils around the Coorong, Lower Lakes and River Murray engaged University of South Australia to monitor and manage mosquito activity in the local area to minimise the risk of vector borne diseases. Councils participated in 'Fight the Bite' SA Health mosquito management program.</p> <p>Councils undertook a range of other environmental health practices and services including vermin eradication, sharps/needles collection services, and swimming pools inspections.</p> <p>Councils participated in the Safe Work SA Asbestos Awareness Week.</p>



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Climate Change	1.5...Identify opportunities for responding to the impacts of climate change on the health and well-being of communities, including the health risks associated with extreme heat, disease and personal safety.	All State Public Health Plan priorities  Preparing for Climate Change	Councils across the region partnered with state agencies and Regional Development Australia in the 'The Resilient Hills and Coasts Climate Change Project' to develop a regional climate change adaptation plan. A draft framework has been prepared with the final report expected late in 2016. A Regional Coordinator will work with partner Councils in 2016/17 to help implement systems within Councils.
Economic Development	1.6 Support and encourage private sector investments in the region that contribute to the health and well-being of communities, including the development of lifestyle oriented housing developments and leisure and tourism facilities.	Stronger and Healthier Communities and Neighbourhoods for all Generations  Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Victor Harbor prepared an Economic Development Strategy to support business investment and employment opportunities. Victor Harbor also prepared a Digital Economy Strategy to promote Victor Harbor's competitive advantages in order to encourage new businesses and industries.</p> <p>Alexandrina endorsed an Economic Development Strategy that includes actions supporting tourism and primary production industries.</p> <p>Mount Barker finalized its Economic Development Strategy, appointed an Economic Development Officer and commenced a program of business support activities. Mount Barker prepared a Rural (Primary Production Protection) Development Plan Amendment to foster economic development outcomes in rural areas, alongside environmental protection and conservation outcomes.</p> <p>Adelaide Hills prepared an Economic Development Strategy and established a new Economic Development Officer position to prepare an implementation plan with an initial focus on communication with community, primary production and the World Heritage bid.</p> <p>Kangaroo Island is working in partnership with the Department of Planning, Transport and Infrastructure to prepare a Sustainable Futures Development Plan Amendment.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION	STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
<b>THEME 2: HEALTHY LIFESTYLES</b>		
Active Communities	<p>2.1 Facilitate and encourage active communities through diverse programs, services and activity opportunities linked the 'healthy environments'.</p>	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p> <p>Councils across the region encouraged a vibrant community culture through provision of festivals and events such as Whale Time Play Time Festival, Rock 'n Roll Festival, Wooden Boat Festival, NAIDOC Week, a stage finish in the 2016 Santos Tour Down Under and Bupa Challenge and Just Add Water Arts Program.</p> <p>Alexandrina, Victor Harbor, Yankalilla and Kangaroo Island established a regional model for the Star Club Field Office Program with funding assistance from the Office for Recreation and Sport, to deliver improved support to local sporting clubs and enhanced support to Councils on a range of recreation and sport matters.</p> <p>Alexandrina, Victor Harbor and Yankalilla, through the Fleurieu Families program, revised a brochure designed to give families information on playgrounds in the Southern Fleurieu region.</p> <p>Through the Australian Government Commonwealth Home Support Program a number of Councils provided programs that support older people to stay independent and in their homes and communities for longer.</p> <p>Alexandrina created a new Community Development Officer position to facilitate programs, services and community connection opportunities. Adelaide Hills recruited a Cultural and Community Development Officer with an initial priority being the development of a Reconciliation Action Plan. Yankalilla has increased staffing within its community services section.</p> <p>Mount Barker completed and opened its first dedicated dog park. Mount Barker also introduced a new Coffee Club to the social programs for isolated older people.</p> <p>A number of councils provided community grants programs to support festivals/events, arts/culture, sport/recreation, and other community initiatives.</p> <p>Councils provided a range of activities that encourage active communities and community wellbeing, for example Cooking For Blokes, Community Foodies programs, Lego Club for kids, Giggle &amp; Wiggle activity sessions for children under 5, ROMEO (Retired Men eating Out), Welcome Garden, Brain Boot Camp and Thinkers in the Hills.</p>



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			Adelaide Hills in partnership with local community centres, established the Hills Connected Consortium to identify gaps and provide community centre based activities to improve community connection and increase opportunities for lifelong learning.
Health Education	2.2 Contribute to community awareness of health risks in the region (obesity, substance abuse, driver safety etc) and the benefits of healthy living through physical activity and health eating.	Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Victor Harbor assisted the Southern Fleurieu Youth Network to provide ASIST (Applied Suicide Intervention Skills Training) for people working with young people in a paid/voluntary capacity. Alexandrina supported the Suicide Prevention Network in Strathalbyn.</p> <p>Through the Hills Positive Ageing Taskforce and Southern Fleurieu and KI Positive Ageing Taskforce Councils supported various health education initiatives including:</p> <ul style="list-style-type: none"> <li>• Dementia Friendly Communities Training for local businesses and volunteers.</li> <li>• Wellness Practice Workshops for people working in the aged care sector</li> <li>• Men’s Health Week initiatives</li> </ul> <p>Through the Southern Fleurieu and KI Positive Ageing Taskforce, and in partnership with Flinders University and SAFKI Medicare Local, Councils supported the “Together for the Mental Health of Older People Project” to outline a model for planning and management of integrate primary mental health care for older people in rural regions.</p> <p>Alexandrina, with funding assistance from the South Australian government, provided the OPAL program to promote activity and healthy eating for children and families. The program received a Certificate of Commendation in the State Government Excellence in Public Health Awards.</p>
Childhood and Youth Development	2.3 Encourage and support initiatives that contribute to the positive development children and young people, with a particular focus on welfare dependant families and children of and youth at risk.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Alexandrina, Victor Harbor and Yankalilla, through the Fleurieu Families program, and in partnership with local services, the state and commonwealth governments, provided resources and workshops to increase community connections, parenting knowledge and skills, and an early intervention home visiting program to support families.</p> <p>A number of Councils employed Youth Development Officers to assist Councils to plan, develop and coordinate services, facilities and projects that respond to the needs of local young people, develop their capacities and promote a positive profile for young people.</p>



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			<p>Councils supported Youth Advisory Committees to provide youth leadership opportunities and support the involvement of young people in the planning and development of youth activities.</p> <p>Alexandrina Council received funding from the state government Community Active Program to implement a program to connect school children with a variety of sporting clubs.</p> <p>Yankalilla assisted local schools to provide violence prevention workshops</p> <p>Mount Barker delivered a youth leadership program focused on public art and skate events, and commenced a new program to assist disadvantaged young people meet the requirements to get a driver's license.</p>
Connected Communities	2.4 Facilitate opportunities for people within communities to connect to each other, including a focus on connecting commuters, temporary residents and isolated people in the region.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Victor Harbor, in partnership with the Alexandrina Council and with funding assistance from the commonwealth government, supported the Caring Neighbourhood Program to support isolated residents, especially older people, to develop connection with their community.</p> <p>Alexandrina Centre for Positive Ageing, with funding assistance from the commonwealth government, provided activities that supported older people to be more connected to their community.</p> <p>Councils supported the provision of community meeting spaces and venues. Alexandrina commenced construction of a new community hub in Goolwa to support community programs and cross generational activities. Victor Harbor is supporting the development of the Victor Harbor Men's Shed with a key focus being to advance health and wellbeing and encourage social inclusion.</p> <p>A number of Councils, with funding assistance from state and commonwealth governments, provided community transport services to assist transport disadvantaged people to access essential services.</p> <p>Alexandrina received funding assistance for the Community Connect program in Strathalbyn to trial a hybrid electric vehicle to provide transport for frail-aged and isolated clients. Adelaide Hills is piloting the use of two electric vehicles to improve community to access services and increase wellbeing. Free public use recharge stations will contribute to a regional plan being led by Regional Development Australia to provide an electric highway across the region.</p> <p>Yankalilla, in partnership with the Department of Planning, Transport &amp; Infrastructure, has commenced Carpool SA Yankalilla – a web based program to match carpoolers and their transport needs.</p>



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			<p>Councils have worked with NBN Co, the community, and key businesses to maximize the potential of the NBN to delivery improved services.</p> <p>Yankalilla has commenced a feasibility study into the expansion of the community library.</p> <p>Mount Barker has undertaken a Community Development Review, to better focus resources on community needs, and has expanded its social programs for isolated residents.</p>
Volunteering and Skills	2.5 Encourage and support volunteering and skills development opportunities that support and encourage active and connected communities.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Victor Harbor, Yankalilla and Alexandrina supported Southern Volunteering to provide a local volunteer referral service for residents wanting to get involved in community life and share their skills and experience.</p> <p>Councils supported the development of volunteer management practices through provision of local training by Southern Volunteering, and through provision Child Safe Environments Training. Councils also supported a large number of volunteers who assisted councils with a range of programs and services. Councils continually review practices and procedures to improve volunteer management practices.</p>
Access to services	2.6 Advocate for good access to health services across the region including through increased and improved health services for vulnerable communities through health agencies and the private sector. This includes advocating for improved medical and health services and public transport.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>In partnership with relevant agencies and services Councils have advocated for, or contributed to reviews on a range of health and related services including:</p> <ul style="list-style-type: none"> <li>• National Youth Week funding</li> <li>• Country SA PHN – mental health and drug and alcohol serves service reform consultations</li> <li>• Parliamentary enquiry into regional health services</li> <li>• Implications of the Commonwealth reforms on the aged care sector</li> <li>• Closure of Housing SA office in Victor Harbor</li> <li>• Country Health SA Draft 2015/16 Barossa Hills Fleurieu Region Operational Plan</li> <li>• Update of the LGA Ageing Strategy</li> <li>• Changes in the provision of local Emergency Relief Services</li> <li>• Changes to travel reimbursements by the Flinders Medical Centre</li> <li>• Improved passenger transport services</li> </ul> <p>Kangaroo Island liaised with mainland based health and welfare services to address the particular needs of their community.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION	STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
<b>THEME 3: PLANNING AND PARTNERSHIPS</b>		
Planning and Policies	<p>3.1 Integrate health objectives and outcomes within future planning for towns, new developments, facilities and open spaces. This includes reflecting health principles and objectives within Development Plans, Strategic Plans, community, open space and asset planning, and climate change planning.</p>	<p>All State Public Health Plan priorities</p>
		<p>Victor Harbor and Alexandrina facilitated a regional youth forum to discuss issues such as bullying, body image, mental health, family conflict and stress, and service delivery models responsive to the needs of young people.</p> <p>Various councils have investigated and commenced implementation of improved evidence based performance evaluation and productivity tools, including Results Based Accountability, to more effectively measure the outcomes of community service projects.</p> <p>Councils are reviewing, or have reviewed, their strategic plans and are looking to ensure alignment with State Public Health Plan and Regional Public Health Plan priorities. Mount Barker completed a new Strategic Plan which includes a new chapter on Community Wellbeing.</p> <p>Alexandrina has endorsed a Disability Discrimination Action Plan lodged with the Australian Human Rights Commission.</p> <p>Yankalilla has endorsed the Statements of Intent for two Development Plan Amendment processes to update the policies and objectives within the Yankalilla Development Plan.</p> <p>Mount Barker completed the Regional Town Centre DPA, draft Nairne and Environs DPA and draft Neighbourhood Plan for Littlehampton and Blakiston which all include a focus on fostering healthy and active communities through township planning and public realm improvements.</p>
Advocating on Social issues	<p>3.2 With potential health partners, advocate for social health issues in the region to be addressed, including drug and alcohol abuse, mental health, domestic violence and homelessness. A coordinated approach to responding to these issues will be required.</p>	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>
		<p>In partnership with relevant agencies and services, Councils have advocated for improved access on a range of health and related services.</p> <p>Councils provided local government nominees to respective Country Health SA Health Advisory Councils (Hills Area, Kangaroo island and South Coast) to relay ideas and views from the community to facilitate planning for new and improved health and wellbeing services.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
Networking	3.3 Participate in and support networking within the health sector, including resource sharing and partnering opportunities.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Councils facilitated and/or supported a range of networks to encourage information sharing, networking, collaboration, partnerships and advocacy including:</p> <ul style="list-style-type: none"> <li>• Southern Fleurieu Youth Network</li> <li>• Hills Youth Roundtable</li> <li>• Southern Fleurieu Service Providers Network</li> <li>• Strathalbyn Service providers Network</li> <li>• Hills Positive Ageing Taskforce</li> <li>• Southern Fleurieu &amp; KI Positive Ageing Taskforce</li> <li>• Southern Fleurieu Early Childhood Network</li> <li>• Fleurieu Violence Against Women Collaboration</li> <li>• Southern Fleurieu Housing Roundtable</li> </ul>
Across Region initiatives	3.4 Consider opportunities for across region initiatives (including between 'sub regions') to achieve health initiatives and services that are beyond the scope of an individual Council or there is an economic or social benefit to establishing a partnership.	All State Public Health Plan priorities	<p>Councils partnered to provide a range of community services and other initiatives, including the Fleurieu Region Aquatic Centre and Fleurieu Region Waste Authority.</p> <p>All councils participated in the Southern and Hills Local Government Association Regional Public Health Working Group.</p> <p>Adelaide Hills, with City of Tea Tree Gully and City of Playford have supported the recovery process resulting from the Sampson Flat Bushfire. A large number of wellbeing measures, partnerships, advocacy and funding opportunities have been accessed and implemented as a result of the recovery process including:</p> <ul style="list-style-type: none"> <li>• Establishment of a strong and ongoing community leaders group.</li> <li>• Community art projects and replanting projects in the bushfire effected area.</li> <li>• Establishment of numerous community interest groups.</li> <li>• Roadside safety signs to increase community awareness and resilience.</li> </ul>
Funding and resources	3.5 Seek additional funding and resources from other levels of government and funding providers to contribute to achieving health initiatives in the region.	All State Public Health Plan priorities	<p>Councils receive funding from state and commonwealth governments for a wide range of health and wellbeing initiatives including:</p> <ul style="list-style-type: none"> <li>• Office for Recreation and Sport</li> <li>• Department for Communities and Social Inclusion</li> <li>• Commonwealth Department of Health</li> <li>• Commonwealth Department of Social Services</li> </ul>



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			<p>Alexandrina and Victor Harbor received \$7.5 million in funding from the Australian Government and \$500,000 from the State Government for the Fleurieu Regional Aquatic Centre.</p> <p>Alexandrina Council received \$344,000 in state government funding for the Bristow Smith Reserve Nature Play Space.</p>
Coordinated approach	3.6 Adopt a coordinated and strategic approach to obtaining funding, strengthening health partner relationships and achieving health related initiatives. This could involve a region-wide working group that liaises on health opportunities and initiatives.	All State Public Health Plan priorities	<p>The Fleurieu Region Community Services Advisory Committee (a Section 41 Committee) supported a regional approach between the Victor Harbor, Alexandrina and Yankalilla to:</p> <ul style="list-style-type: none"> <li>• Advise on planning, development and implementation of regional community service programs.</li> <li>• Monitor and review the operations of Councils' regional community service programs.</li> <li>• Identify current and emerging regional community service needs and make recommendations on priorities for future planning and service development.</li> <li>• Facilitate regional advocacy and support for responses to local community services issues, and in particular local initiatives with regional significance.</li> </ul>



## Section 2: EMERGING PUBLIC HEALTH ISSUES AND OPPORTUNITIES

### Challenges

- **Development Plan Amendments.** A number of councils in the region have been involved in undertaking Development Plan Amendments (Victor Harbor Residential DPA, Adelaide Hills Township and Urban Areas DPA, Kangaroo Island Sustainable Futures DPA, Mount Barker Regional Town Centre DPA, Yankalilla Better Development Plan DPA and Yankalilla Township/Fringe DPA. Amendment of development plans normally takes a considerable time, however the state government focus on delivering the new planning system may mean delays in delivering local planning reforms.
- **Funding for infrastructure and services.** Funding and providing sufficient services and community infrastructure is an ongoing challenge for councils in the region. Building the healthy communities of the future requires access to local services, schools, employment opportunities, recreation and open space, community meeting places, health services and public transport. Mount Barker and Alexandrina Councils are experiencing significant growth and change as a result of the 30-year Plan for Greater Adelaide. There is a need and opportunity to improve the alignment of other systems such as education, transport, infrastructure and health with the urban planning system of South Australia. Victor Harbor, Yankalilla and Adelaide Hills have specific challenges around servicing older populations. Kangaroo Island has specific challenges around distance and low population base, while Kangaroo Island, Alexandrina, Yankalilla and Victor Harbor share specific challenges around non-resident ratepayers and seasonal population changes. Climate change offers significant challenges for all councils in the region.
- **Disease prevention and health promotion.** There are concerns about the impacts of the Department of Health's withdrawal from disease prevention and health promotion following the McCann Review. The reduction in community health services and withdrawal of the State from engagement around disease prevention is not being addressed by other levels of government, or by increased funding for the not for profit or private sector. There is a risk for both future health care cost increases, and negative outcomes for communities in the medium to long term if there is insufficient activity and investment in health promotion and disease prevention initiatives.

### Emerging public health issues

- **Kangaroo Island Council.** Council has identified illicit drug use (including Ice and marijuana) and mental health as issues of higher significance for the community than indicated in the regional plan.
- **Compulsive hoarding and severe domestic squalor.** All councils in the region have identified compulsive hoarding and severe domestic squalor as being of higher significance than indicated in the regional plan. There has been a growing appreciation of the complexities involved and the importance of taking a holistic approach when resolving cases of severe domestic squalor. Councils have utilized the SA Health "A Foot in the Door" policy and guideline to support effective and sustainable interventions. Mount Barker played a lead role in establishing a Hoarding and Squalor Working Group with the Rural City of Murray Bridge. Alexandrina Council partnered with the City of Onkaparinga on the Southern Hoarding & Domestic Squalor Group. Yankalilla, Victor Harbor & Alexandrina, through the Positive Ageing Taskforce, facilitated training on hoarding and squalor.

## Opportunities

- **Facilitating cross organizational approaches to the creation of healthy spaces and places.** Alexandrina established a cross organizational 'Healthy Spaces and Places' Working Group to oversee implementation of the Regional Public Health Plan. Adelaide Hills established an internal Place Making Group between a number of council departments to undertake a place making approach to villages and built form. There is an opportunity for other councils in the region to consider these models and the development of similar structures.
- **Sharing learning and experiences.** There is significant opportunity for councils in the region to better share their learning and experience in developing and implementing programs that respond to the public health needs of communities.
- **Partnerships and collaboration.** While there is already significant partnering and collaboration between councils in the region there is an opportunity to enhance collaboration and build new partnerships in responding to the public health needs of communities.
- **Measuring success.** There is an opportunity to further develop awareness of social determinants of health and health equity as a basis for measuring whether public health plans are having a positive impact of the health and wellbeing of communities.