


Summary of activities:

 Cancelled due to COVID lockdown

 Complete

Social / Employability event number	Date	Event	Attendees	Venue	Comments
Social 1	December 11	Stretch Yourself – Himeji gardens (with mind your headspace workshop) and Treeclimb experience	15 (including 2 headspace volunteers and the Community Engagement Officer (CEO))	Gardens and Tree Climb	Popular and fun event. Slightly lower numbers than grant target for each event (20 students) <i>but good quality outcomes</i>
Social 2	December 18	Zoos visit and headspace workshop	19 attendees (including 2 headspace volunteers, 2 SA ambassadors and the CEO)	Adelaide Zoo	Fun event – some issues with entry fee but resolved and unused tickets reimbursed
Social 3	January 15	Wallis Cinemas – headspace wellbeing workshop with movie and snacks	30 attendees (including 2 headspace volunteers, 2 SA ambassadors and the CEO)	Park Lands and Wallis Cinemas North Adelaide	Popular and fun event – good value for money - not 'healthy food' <i>but in keeping with event.</i>
Social 4	January 29	Escape Room adventure with headspace workshop	14 attendees (including 2 headspace volunteers and the CEO)	Headspace and Mindshare Pulteney Street	<i>Booked and paid for 23 spaces but only 14 used. Mindshare provided a drink for each participant and extra time in the escape room as a bonus for the unused spaces. Surprising as we had thought this would be a popular event</i>

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Social 5	February 5	First Friday night collaboration with Art Gallery for walking tours and catering	13 attended (including 1 headspace volunteer and the CEO)	Art Gallery	Weather was poor day of the event but those that attended enjoyed the experience.
Employability 1	February 16	Responsibility service of Alcohol Training	15 attended, plus CEO attended the morning of the training but did not stay for the training	AHTS	A difficult event to coordinate event due to documentation required for international students. If run again needs a few weeks lead in time to confirm attendees and get all their documentation.
Employability 2	February 12	Employability workshop – with Adelaide University Career Centre (Social Media Profiling and Networking / communication skills)	3 attended - 10 registered.	headspace	Very low attendance. Was booked for the last Friday before University started and may have contributed to the low attendance.
Employability 3	February 22nd Venue – City Library – may need to make this later in the month	Employability workshop with Adelaide University – Maximising employability in a global world (10.30 to 12.30)	13 attended (including the CEO).	City Library	Really wonderful feedback from those that attended the session. A note from the workshop facilitators was that they usually over book these events as they often see 50-75% actually attending of those that registered.
Social 6	March 16	Fringe with us	15 attended	Tandanya	Amazing feedback from participants, able to support a young person's event and Theme was perfect – about their journey to Australia

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Social 7	March 17	Cruise with us - Popeye	10 attended	Rymill Park	Event initially had to be rescheduled due to hot weather policy. New date was harder for students to attend but still a really successful event.
Employability 4	April 13	Employability Workshop with Adelaide University -	30 attended	City Library	Higher attendance due to over booking the class, had 50 register to attend
Social 8	April (date TBC)	Roof Top Yoga	10 attended	Dwell	Weather wasn't the best but great feedback from participants
Social 9	April 21	Night at the Museum	18 attended	SA Museum	Popular and fun event
Employability 5	May 21	Know Your Rights	10 attendees (including headspace volunteers)	City Library	Very positive feedback. Course presented by final-year Law students from University of Adelaide.
Social 10	May 31	Movie Night	40	Wallis North Adelaide	Great feedback from participants that it was a welcomed break from study.
Social 11	June 11	Holey Moley	20	Holey Moley	Another event that was really well received by participants.
Social 12	June 28	Beyond Bouldering	12 attended	Beyond Bouldering	
Employability 6	July 23	RSA	20	AHTS	
Employability 7	July 5	RSA	14	AHTS	Only 14 places available in this session. There was still interest in another session
Employability 8	July 9	Public Speaking and Story Telling	20		
Employability 9	July 8 and 9	MH First Aid for Study Adelaide Ambassadors	6	Study Adelaide	
Employability 10	July 12, 13 and 14	Barista Training	7	AHTS	Only 3 places available in this 3-day course. We had thought it would be difficult to fill, as it was 3 days, but the interest was very high.

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Social 13	July 14	Healthy cooking on a budget	20 – students at risk of food insecurity as identified by Adelaide Uni and Dwell	Hosted by Dwell student accommodation	Facilitated by accredited Dietician, Rebecca Greco from Nourish. Supported by Adelaide University Student care team and Baptist Care.
Social 14	July 31	Winter Wonderland	10 (not counted in grant attendee data)	Winter Wonderland	Initially planned as an event for the youth leadership group, but had to be re-allocated to Urbanest students as post lockdown restrictions meant that headspace were unable to take this size group to an event.
Social 15	20 August	Cook with us	18 - students at risk of food insecurity as identified by Adelaide Uni and Unbanest	Hosted by Urbanest student accommodation	Facilitated by accredited Dietician, Rebecca Greco from Nourish. Supported by Adelaide University Student care team and Baptist Care.
Social 15	July 20	Illuminate	20		During Lockdown – cancelled and refunded