



Wellbeing in Our Community

Regional Public Health Plan Report for
the S&HLGA

1 July 2016 – 30 June 2018

ACKNOWLEDGEMENTS

The Regional Public Health Plan was developed for the Southern and Hills Local Government Association with the following Councils involved:

Adelaide Hills Council

Alexandrina Council

Kangaroo Island Council

Mount Barker District Council

City of Victor Harbor

District Council of Yankalilla





Section 1: PROGRESS REPORT ON IMPLEMENTATION OF THE SOUTHERN & HILLS REGIONAL PUBLIC HEALTH PLAN FOR THE REPORTING PERIOD 1 July 2016 to 30 June 2018

Notes

- The Southern & Hills Regional Public Health Plan was completed in May 2015 and formally endorsed in July 2015.
- The regional plan involves the following Councils - Adelaide Hills Council, District Council of Mount Barker, Alexandrina Council, City of Victor Harbor, District Council of Yankalilla and Kangaroo Island Council.
- The listed achievements indicate some of the activities of individual councils that have contributed to achieving the objectives of the regional plan and include significant activities, special projects and ongoing activities. It is not intended that every activity of every council is included.

THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
THEME 1: HEALTHY ENVIRONMENTS			
Built Environments	1.1 Aim for built environments that support communities to be active and socially connected (including all generations and levels of ability) and contribute to the health and well-being of communities. This will require a focus on creating liveable and 'walkable' towns and places with appealing and good quality public realm and open spaces.	Stronger and Healthier Communities and Neighbourhoods for all Generations Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Councils across the region constructed footpaths to support walkable/liveable communities. Councils across the region provided improved accessibility by identifying and upgrading problem footpaths, and areas requiring additional car parks for disabled permit holders.</p> <p>Adelaide Hills Council undertook a network analysis across its footpaths in townships to determine priority zones for investment into the future.</p> <p>Yankalilla Council, working in partnership with the local community provided a walking trail linking the end of the Heysen Trail to the Cape Jervis township, installed a walking trail from Randelsea to the Second Valley township to provide safe access to the beach, and constructed a walking trail from the residential area in Wirrina Cove to the Marina facility.</p> <p>Kangaroo Island Council assisted the development of the American River walking trail, the Kingscote to Brownloe walking trail, the Reeves Point heritage trail, and liaised with the local progress association to develop walking trails at Penneshaw and Parndana.</p>



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			<p>Victor Harbor Council completed a Dog Park comprising of 2 separate dog areas, many mature trees provide shady areas where dogs and their owners are able to rest during their walks.</p> <p>Councils across the region completed playground development and upgrade programs, including some councils specifically considering playground improvements that provide improved access for children with a disability. Yankalilla Council is researching the benefits of integrating nature play principles and structures in future development of Council recreation spaces.</p> <p>Victor Harbor Council undertook design and consultation for the redevelopment of the GT Fisher Reserve playground and completed playground upgrades at the Encounter Bay Recreation Ground and Victor Harbor Oval.</p> <p>Kangaroo Island Council provided new playground equipment at Kingscote Lions Park and completed a new and substantial redevelopment of the Kingscote Skate Park at the Kingscote Soldier's Memorial Park. Penneshaw has had a Community Art / Sculpture Trail developed in Karatta Reserve creating a meandering linkage between residential and township areas.</p> <p>Adelaide Hills Council is partnering with District Council of Mount Barker and a number of northern Councils in regards to an Inter-Regional Cycle Network Project bid, which would link existing and create new cycle linkages across key Wine Regions in SA. Victor Harbor Council implemented priority works in the Victor Harbor Strategic Bicycle Plan to develop safe cycle networks.</p> <p>Councils across the region maintained and improved public open space (reserves) including facilities and equipment to support passive and active recreation opportunities. Kangaroo Island Council provided fencing at the Emu Bay Recreation Reserve at Pardana. Yankalilla Council has installed new tables and chairs settings across the network of parks and reserves in the area to provide greater usage of the spaces for community members and visitors. Alexandrina completed a two year upgrade to the Bashams Beach Regional Park with capital works including new signage, extensive revegetation and construction of new viewing platforms.</p> <p>Coastal councils completed beach access improvements. Yankalilla Council installed a new wooden access walkway at Carrickalinga to allow easier access to the beach for local residents and visitors, and provided a temporary boat ramp at Normanville beach for recreational boating access. Victor Harbor Council completed planning for a staged upgrade of the boardwalk at the Hindmarsh River estuary.</p>

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			<p>Victor Harbor Council continued the staged implementation of the Mainstreet Precinct Master Plan to create appealing and vibrant public spaces. Yankalilla Council completed a masterplan to guide the future development of Bungala Park, Normanville. Victor Harbor Council reviewed the Victor Harbor Recreation and Open Space Strategy to provide strategic framework for the development of recreation and sport facilities.</p> <p>Adelaide Hills Council had two new reserves vested as part of land divisions at Woodforde and Mount Torrens.</p> <p>Yankalilla Council has implemented new by-Laws and associated controls dogs in public places in order to create safer environments for all users. Victor Harbor Council aimed to enhance public safety and reduce crime through the upgrade of CCTV street cameras.</p> <p>Yankalilla Council sponsored an Art Mural Project at the public park at Rapid Bay, in partnership with a local artist and children from Rapid Bay Primary School. Alexandrina completed an upgrade to the Goolwa Skate Park with a community Art project funded by the State Government. The skate bowl was cleaned and painted by local artists and community members to create a renewed and beautiful space for recreational activities.</p> <p>Victor Harbor Council completed upgrades to the Victor Harbor Recreation Centre and supported the further development of the Encounter Bay Sport and Recreation Precinct Draft Masterplan. Mount Barker's regional sports hub project is progressing. Subject to funding, sport is scheduled commence at the hub from 2020.</p> <p>Alexandrina and Victor Harbor supported the operation of the Fleurieu Regional Aquatic Centre as a means of supporting a healthy and active community.</p>
Natural Environments	1.2 Plan for and maintain appealing and accessible natural environments and landscapes that contribute to the liveability of the region and provide unique and diverse activity opportunities.	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>Coastal councils completed priority works to protect and enhance the coastal environment. Victor Harbor continued implementation of the Coastal and Estuarine Action Plan. Yankalilla Council, in partnership with Adelaide and Mount Lofty Ranges NRM Board is undertaking coastal conservation projects guided by the Southern Fleurieu Coastal Action Plan. Community planting events were held in Lady Bay, Cape Jervis and Normanville dunes.</p> <p>Kangaroo Island Council consolidated the Emu Bay Structure Plan into the Development Plan, protected the inlet at Sapphire town and restricted car access on beaches.</p> <p>Councils undertook pest plant and animal control programs including environmental weed control programs, the provision of European Wasp Management Programs and roadside vegetation management programs.</p>



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			<p>Adelaide Hills Council is systematically implementing priority biodiversity strategies contained in their biodiversity strategy and has prepared design plans for the improvement of the Woodside Creek to ensure improved erosion control, water quality and enhance biodiversity.</p> <p>Mount Barker Council supported the Bush for Life Program, including the creation of a new Bush for Life site, a new conservation areas around Macclesfield, an annual community and school tree planting program, and is liaising with the scouts to set up tree growing project.</p> <p>Adelaide Hills Council has undertaken a feasibility assessment for water reuse opportunities from the Bird in Hand Community Wastewater Management Scheme for the Woodside Recreation Ground. Victor Harbor Council continued investigations into options for extending the current Victor Harbor Water Reuse Scheme.</p> <p>Yankalilla Council introduced a new green bin service within its townships as well as providing affordable worm farms and compost bins at a subsidized price for the community.</p> <p>Kangaroo Island Council and Fleurieu Regional Waste Authority have rolled out a new kerbside waste collection and diversion strategy, to minimise volume in the general waste stream and divert organics to a proposed in-vessel composting system to minimise the volume of material being transported off-Island for general waste and dedicated recycling.</p>
Housing	<p>1.3 Encourage the provision of diverse housing choices including affordable housing and housing choices that support older adults and 'ageing in place', people with a disability and young people. This includes allowing for and encouraging diverse housing options through Development Plans and town planning.</p>	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Victor Harbor Council completed a strategic review of residential capacity to guide future residential development. Yankalilla Council's Draft Structure Plan identified areas where future urban infill can be accommodated close to Town Centre areas. Mount Barker Council has prepared a draft Housing Strategy. Adelaide Hills Council prepared a Disability Action Plan and an Age Friendly Action Plan which will inform how Council will plan for and facilitate affordable, adaptable and appropriate housing.</p> <p>Adelaide Hills Town and Urban Areas Development Plan Amendment was approved by the Minister of Planning and the opportunity for diversified housing choice has been facilitated through policy changes in five towns to permit development of smaller allotments and a medium density zone has been established in Stirling to provide for smaller and more affordable housing options. The development of Hamilton Hill Estate with medium density development is well under way at Woodforde and the first residents moved in June. The higher density housing is being developed with a range of allotment sizes to offer housing choice.</p>



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			<p>Victor Harbor and Alexandrina Councils supported the Southern Fleurieu Housing Roundtable to advocate for housing and related services and support coordination of service delivery and collaboration of service providers.</p> <p>Mount Barker Council has assisted the approval of a Women’s Domestic Violence Shelter, researched and developed a housing strategy that addresses affordability and homelessness, and undertaken research to understand services and support available for domestic violence, homelessness and youth.</p>
Environmental Health	<p>1.4 Undertake and facilitate environmental health services and programs that respond to the requirements of legislation and reflect community issues. Specific initiatives that respond to the health risks in the region are considered in the Council Public Health Action Plans in accordance with available resources.</p>	<p>Sustaining and Improving Public and Environmental Health Protection</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>Councils across the region facilitated school and community immunisation programs, with many also offering influenza vaccinations free to staff as an initiative to reduce absenteeism and set a positive example to the community. Yankalilla Council participated in the South Australian Meningococcal B Immunity study in 2017 and provided Meningococcal B vaccination to students in 2018. Mount Barker Council participated in the University of Adelaide’s Meningococcal B Trial ‘B Part of It’ in both 2017 and 2018. Mount Barker Council, through the Salvation Army, has supported influenza vaccinations for homeless persons.</p> <p>A significant focus across the region was the assessment and inspection of the installation of wastewater management systems (as the local areas are largely outside of proclaimed SA Water sewer areas), routine inspections, and education of community in regards to wastewater options. Alexandrina Council has been working to improve the accuracy of servicing reports from aerobic wastewater system servicing agents and the understanding among the community of what is a compliant aerobic wastewater system.</p> <p>Adelaide Hills Council has worked with SA Water, SA Health, NRM Board and the EPA to identify any potential impact by domestic wastewater systems on the watershed including the provision of educational tools to enhance the integrity of private septic systems and protection of the environment.</p> <p>Alexandrina Council continues to maintain a High Risk Manufactured Water System (HRMWS) register and ensure all audits of these systems are undertaken as required. During 2017/2018, all the HRMWS located in the Council area have been audited as legislatively required and have demonstrated compliance with the legislation. Adelaide Hills Council monitors the inspections and maintenance of high risk manufactured water systems.</p> <p>Alexandrina has been working to upgrade its wastewater plant control systems to better manage maintenance and reduce breakdowns. Adelaide Hills Council are currently undertaking a review of its CWMS operations with the aim of ensuring current and future CWMS customers and the community are receiving the most cost effective, efficient and reliable service possible.</p>



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			<p>Kangaroo Island is constructing the Penneshaw Community Wastewater Management Scheme to alleviate onsite wastewater health issues. Kangaroo Island Council has also commenced its strategic maintenance schedule for maintaining septic tanks connected to Common Effluent Systems in relevant townships to ensure better operation of the CWMS systems in townships.</p> <p>Victor Harbor Council continued the Encounter Lakes and Franklin island water quality monitoring program.</p> <p>Adelaide Hills Council undertook audits of business that fall under the Safe Drinking Water Act requirements.</p> <p>Numerous outbreak investigations were undertaken by Councils in conjunction with SA Health, dealing with issues such as legionella, and pests of public health significance. Councils across the region were involved in enforcement activities ranging from warnings through to prosecutions under the Food Act and Wastewater Regulations.</p> <p>Mount Barker Council continues to play a lead role in a Hoarding and Squalor Working Group with the Rural City of Murray Bridge. Adelaide Hills Council, in conjunction with the Eastern Health Authority, has continued to work with the Eastern Hoarding and Domestic Squalor Group.</p> <p>A number of councils in the region were involved in the pilot and post-pilot delivery of the SA Health Food Safety Rating Scheme to food premises with the aim of elevating the hygiene standards of the industry and allow consumers to make informed choices when purchasing food.</p> <p>Environmental Health Officers across the region undertook risk assessments associated with notified drug labs to determine level of risk and remediation, utilising new public health legislation to facilitate long-term remedy. Councils undertook a range of other environmental health practices and services including vermin eradication, sharps/needles collection services, and swimming pools inspections.</p> <p>Body piercing and tattooing businesses throughout the region were routinely inspected to ensure that their risk management processes were compliant with the SA Health Code of Practice and with their General Duty under the SA Public Health Act.</p> <p>Commenced its Coastal Hazards Mapping Pilot Project in conjunction with the Resilient Hills and Coasts Workgroup, Southern & Hills LGA and SAFECOM.</p>



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			<p>Adelaide Hills Council represented local government on the SA Meat & Food Safety Advisory Committee which reports to the Minister, and the Water Industries Technical Advisory Committee which recently implemented the on-line Certificate of Compliance Program.</p> <p>Environmental Health Officers attend Special Interest Groups in the area of public health, food safety wastewater etc. to network and keep abreast of developing issues while sharing ideas across a large number of Councils and SA Health. Environmental Health Officers participated in the Southern Regional Group which provides a forum for the sharing of ideas and programs and facilitates a consistent approach to environmental health issues throughout the region.</p> <p>Councils implemented changes in response to the amended Dog and Cat Management Act and the Local Nuisance and Litter Control Act.</p> <p>Victor Harbor Council continued negotiations regarding a suitable location for a local/regional cemetery to meet future demand. Kangaroo Island Council provided a \$13,500 contribution to the extension/upgrade of the Kangaroo Island Hospital Morgue.</p>
Climate Change	1.5...Identify opportunities for responding to the impacts of climate change on the health and well-being of communities, including the health risks associated with extreme heat, disease and personal safety.	All State Public Health Plan priorities Preparing for Climate Change	<p>Councils across the region partnered with state agencies and Regional Development Australia in the 'The Resilient Hills and Coasts Climate Change Project' to develop a regional climate change adaptation plan. The Adaptation Plan was finalized in September 2016. A adaptation actions have been identified and implemented, including:</p> <ul style="list-style-type: none"> • Presentation on heat mapping methodology and WSUD Monetised Benefits Model. • Liaison and collaboration with the Insurance Council of Australia to prepare grant funding to raise the profile of a key theme "Where we build/What we build". • Microclimate modelling workshops identifying cooling mechanisms. • Providing workshops on energy efficiency. • Obtaining grant funding for coastal adaptation project including case study on Kangaroo Island. • Identifying, promoting and attending climate change adaptation related workshops, speakers, seminars, exhibitions, site tours and webinars • Organising changing climate risk and liability presentation. • Development of a Community Energy Program including engaging Moreland Energy Foundation and Tandem Energy to prepare a Program Design.



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			<p>Alexandrina has continued to host the Resilient Hills & Coast Regional Coordinator on behalf of the Southern and Hills region. Project priorities have included coastal adaptation, urban greening, climate-ready housing and embedding consideration of climate risk into the everyday decision-making processes of partner councils.</p> <p>Southern & Hills LGA has continued its support via representational membership on the Resilient Hills & Coast Climate Change Adaptation Committee.</p> <p>Kangaroo Island Council has Council has endorsed a local climate change adaptation plan based on the regional plan. Mount Barker Council adopted a new environment strategy in early 2018 and is developing action plans for adapting to and mitigating the effects of climate change. Through this strategy Council committed to reducing greenhouse gas emissions from its own operations by 3% each year.</p> <p>Alexandrina Council undertook a comprehensive review of its energy and carbon data capture and reporting systems to provide a baseline against which to measure future energy and emissions reductions. A detailed action plan has been developed identifying high priority actions for reducing council energy use and carbon emission and it is expected that Council will set an emissions reduction target in 2018/19. Energy audits of the Goolwa & Strathalbyn office/library and works depot buildings have been completed.</p> <p>Victor Harbor, Alexandrina and Yankalilla Councils implemented CPREP3 Renewable Energy program to reduce energy costs and greenhouse emissions. A number of Councils participated in the Electric Highway Project which involved placement of vehicle recharge points for electric/hybrid vehicles.</p>
Economic Development	1.6 Support and encourage private sector investments in the region that contribute to the health and well-being of communities, including the development of lifestyle oriented housing developments and leisure and tourism facilities.	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>Victor Harbor commenced preparation of an Economic Development Strategy to support business investment and employment opportunities. Victor Harbor implemented a Place Branding Strategy to promote Victor Harbor's competitive advantages in order to encourage new businesses and industries.</p> <p>Victor Harbor Council supported the Victor Harbor Artisan Markets as a platform for practicing and professional artists to show, demonstrate and sell their art, and supported access for local businesses to training, information and funding assistance, and supported business linkages through partnerships and collaboration.</p> <p>Mount Barker Council has created an investment attraction website and prospectus in order to encourage new business investment into the region www.investmountbarker.com.au</p>



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			<p>Adelaide Hills Council has been building fundamental resources and developing contacts to enable the Council to effectively provide an economic development service. Quarterly e-newsletters, Business Month in May, on-line business survey, business networks and regular attendance at key industry and regional groups have all helped to improve relations between Council and the business community</p> <p>Yankalilla Council has been involved with the Fleurieu Coast Business Association in driving increased membership and providing assistance with networking events to providers of leisure and tourism facilities to build relationships that foster investment in economic development in the region</p> <p>Alexandrina Council participated in Regional Development Australia Adelaide Hills, Fleurieu and Kangaroo Island workshops on regional economic development. Alexandrina Council is hosting the inaugural Economic Development Forum which will be a networking group of economic development officers from local Councils in the region to discuss matters of mutual benefit.</p> <p>Southern & Hills LGA has continued its support via representational membership on the regional Economic Development Officers forum in addition to developing and forging strong partnerships with the Regional Development Board.</p>
THEME 2: HEALTHY LIFESTYLES			
Active Communities	2.1 Facilitate and encourage active communities through diverse programs, services and activity opportunities linked the 'healthy environments'.	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>Councils across the region encouraged a vibrant community culture through provision of festivals and events such as Whale Time Play Time Festival, Rock 'n Roll Festival, NAIDOC Week, Reconciliation Week, Santos Tour Down Under, Harmony Day Community Picnic, art exhibitions, Goolwa Regatta Week, The Compass Cup, Aquafest, Smoke Off Festival, Yesterday's Power Rally, and Just Add Water Arts Festival and Black Dog Ride on Kangaroo Island.</p> <p>Alexandrina, Victor Harbor, Yankalilla and Kangaroo Island supported a regional model for the Star Club Field Office Program with funding assistance from the Office for Recreation and Sport, to deliver improved support to local sporting clubs and enhanced support to Councils on a range of recreation and sport matters.</p> <p>Through the Australian Government Commonwealth Home Support Program a number of Councils provided programs that support older people to stay independent and in their homes and communities for longer.</p>



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			<p>Alexandrina and Mount Barker collaborated with Nature Play SA to create the Kuitpo Forest Nature Play Festival for families in the region which attracted 6,000 people in 2017 and 4,000 people in 2018. The Hills Connected Consortium provided a Nature Play Day with nature play opportunities set up across five different hills locations on the same day. The program was so successful it is likely to become an annual event.</p> <p>Mount Barker Council supported the delivery of the St Francis De Sales gym which will be a shared community use facility, developed a Positive Aging Strategy and a Disability Action Plan, and prepared management agreements to enable the community to manage their community assets.</p> <p>Yankalilla Council initiated a Fleurieu Coast Free Bike hire scheme for residents and visitors to the area to promote health and wellbeing in the community. Bike nodes located in both Yankalilla and Normanville with the Men's Shed volunteers providing maintenance and repairs for the bikes.</p> <p>A number of councils provided community grants programs to support festivals/events, arts/culture, sport/recreation, and other community initiatives.</p> <p>Councils provided a range of activities that encourage active communities and community wellbeing, for example: men's mental health workshops, belly dancing, chair yoga, bus outings, line dancing, kindergym, community coffee table, Cuppa & Chat, active stretch, keep fit, Dance 2 Move, expressive arts, community gardens and Tech Savvy-Seniors, school holiday and summer programs, health and wellbeing information sessions and My Aged Care information sessions, triathlon, marathon, and surfing competitions.</p> <p>Some Councils supported food drives to support local churches and emergency relief organisations who provide food hampers to low-income residents</p> <p>Victor Harbor Council undertook initial planning and consultation to develop the Old Library and Town Hall into an arts and cultural centre and established an arts and cultural section within the Council.</p> <p>Yankalilla established an Arts and Cultural Advisory Group linking local artists with community projects and businesses.</p> <p>Yankalilla and Victor Harbor Councils partnered with Country Arts SA to employ and Arts and Cultural Facilitator.</p>



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			<p>Alexandrina Council completed construction of a new community Woodshed in Strathalbyn. Victor Harbor Council supported the development of the Men's Shed in Victor Harbor. Councils across the region provided, or support, halls and meeting spaces responsive to community needs.</p> <p>The opening hours of the Yankalilla library were reviewed and extended following feedback from the community, and Council contributed additional funding in 2017/18 to provide additional library resources. A home library service was introduced and offered to members of the community unable to access library services provided at the Centre.</p>
Health Education	2.2 Contribute to community awareness of health risks in the region (obesity, substance abuse, driver safety etc) and the benefits of healthy living through physical activity and health eating.	Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	<p>Victor Harbor assisted the Southern Fleurieu Youth Network to provide professional development for people working with young people in a paid/voluntary capacity in Vicarious Trauma, Suicide Alertness, and Wellness and Resilience.</p> <p>Child Safe Environments Training was available to Council staff and community members across the region. Victor Harbor Council provided accredited Mental Health First Aid training for more than 20 staff and obtained silver level recognition as a Mental Health First Aid Skilled Workplace.</p> <p>Through the Southern Fleurieu Youth Network, Victor Harbor and Alexandrina Councils supported the development of the www.fleurieuyouth.com.au website and the update of the Youth Services Referral Map to facilitate appropriate referral of local young people.</p> <p>Alexandrina continues to support the Suicide Prevention Network in Strathalbyn and a new Suicide Prevention Network in Goolwa. Mount Barker Council has Supported the establishment of a Suicide Prevention Network</p> <p>Through the Hills Positive Ageing Taskforce and Southern Fleurieu & KI Positive Ageing Taskforce Councils supported health education initiatives for people working within the aged care sector, including:</p> <ul style="list-style-type: none"> • Aged Friendly Assessments for local business • Dementia Training • Wellbeing training • Community education around changes in the Aged Care Sector • Older Person Mental Health First Aid training • Men's Health & Wellbeing workshops • Being Connected program • Resilience & Wellbeing training.



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			<p>Kangaroo Island Council supported their Drive/Enjoy/Survive program to encourage road safety. Promoted Kingscote Breakfast Club (KI Community Education Campus.) Young Achiever of the Year Award (Group Category, supported by Council.</p> <p>Mount Barker Council is working on health promotion areas such as head lice, cold/flu and norovirus and is offering free online food safety training.</p> <p>Mount Barker Council provided a number of health and wellbeing information sessions, including Healthy Eating, General Cancer Prevention and Early Detection, Arthritis SA, and Carers & Disability Link & Commonwealth Respite & Carelink Centre. Adelaide Hills Council runs a Youth Driver Awareness training, mental health education sessions and healthy cooking classes. Yankalilla Council is assisting local schools to provide violence prevention awareness sessions i.e. Sammy D Foundation, Carly Ryan Foundation and assisted the local Area school with development of their Learning Assistance Program (LAP)</p> <p>Alexandrina Council has adopted two activities following on from the OPAL program - the Dad's and Kids Dinners activity brings Dads together with their kids to create simple, nutritious meals together in a community space and the Mount Compass Long Table Lunches which is a monthly activity that promotes healthy and nutritious meal preparation for a group of local women in Mount Compass.</p> <p>Through the Southern Fleurieu and Kangaroo Island Star Club Field Officer Program a range of workshops were provided to sporting clubs, including complaint handling, essentials for coaching children, child safe officers, respect in sport, wellbeing and resilience and strategic planning.</p> <p>Through the Positive Ageing Taskforce, Victor Harbor, Alexandrina and Yankalilla Councils worked with key stakeholders to continue the Dementia Friendly Communities Initiative in order to raise awareness of local dementia services, information and support. Through the Taskforce, Alexandrina and Victor Harbor Councils have been trailing the Dementia Caddy Project as a means of supporting people with living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected to their community.</p> <p>Kangaroo Island Council has identified illicit drug use (including Ice and marijuana) and mental health as issues of higher significance for the community than indicated in the regional plan and has supported the establishment of a local Drug Action Team and continues to support and contribute to the Kangaroo Island Health Advisory Committee.</p>



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Childhood and Youth Development	2.3 Encourage and support initiatives that contribute to the positive development children and young people, with a particular focus on welfare dependant families and children of and youth at risk.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Alexandrina, Victor Harbor and Yankalilla, through the Fleurieu Families program, and in partnership with local services, the state and commonwealth governments, provided resources and workshops to increase community connections, parenting knowledge and skills, and an early intervention home visiting program to support families.</p> <p>A number of Councils employed Youth Development Officers to assist Councils to plan, develop and coordinate services, facilities and projects that respond to the needs of local young people, develop their capacities and promote a positive profile for young people. Alexandrina employed a dedicated youth officer for the Strathalbyn region to work in collaboration with the Southern Fleurieu youth officer. Youth Development Officers worked with the SAPOL Blue Light Committee to run Blue Light Discoes throughout the Region.</p> <p>A number of Councils supported Youth Advisory Committees to provide youth leadership opportunities, support the involvement of young people in the planning and development of youth activities, and provide an opportunity for young people to express their needs and concerns.</p> <p>Adelaide Hills Council provided a range of opportunities for young people to connect and learn including school holiday programs, library programs, a movie night, a music jamming group, homework support, access to digital technology, story time, youth grants and parenting workshops. Adelaide Hills Council has recently facilitated the development of the Steiner Family Beginnings Playgroup and The Villages Nature Playgroup as a result of community identifying the lack of parental support in the area.</p> <p>Alexandrina coordinated the Ag-Boom project with funding from the ABC to connect school students with local agricultural businesses in the Strathalbyn region. Mount Barker Council has supported a Youth Leadership Development Program which includes workshops on the role of Council, Community Leadership, Public speaking, and leading teams in difficult times. Yankalilla Council has supported Leadership & Resilience courses in partnership with local schools and sponsored Yankalilla Chapter of Operation Flinders. Council also funded transport for senior school students to attend Career Expo and Driver Awareness Training.</p> <p>Mount Barker Council participated in the Way2Go program which promotes safer, greener and more active travel for primary school students and their communities. It uses a whole school approach built on a partnership between local councils, school communities and the Department of Planning, Transport and Infrastructure (DPTI).</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
Connected Communities	2.4 Facilitate opportunities for people within communities to connect to each other, including a focus on connecting commuters, temporary residents and isolated people in the region.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Yankalilla, in partnership with the Department of Planning, Transport & Infrastructure, is operating Carpool SA Yankalilla – a web based program to match carpoolers and their transport needs.</p> <p>Yankalilla is planning for a new community library. Mount Barker Council, in line with the Community Facilities Study 2016 is working to develop the Community Centre and Library meet current and projected community need. Victor Harbor Council undertook concept planning for a refurbishment and/or extension of the Victor Harbor Library.</p> <p>Mount Barker Council worked with the Mount Barker Community Centre to deliver mobile activities linked to parks, school holiday programs, and physical activity classes, supported the Mount Barker Community Centre to run Duck Flat Community Garden, Revamp, Men’s Shed and many other active program, and supported local Sporting Clubs to host “come and try days”.</p> <p>Victor Harbor Council, in partnership with the Alexandrina Council and with funding assistance from the commonwealth government, supported the Caring Neighbourhood Program to support isolated residents, especially older people, to develop connection with their community.</p> <p>Alexandrina worked closely with and supports community centres in five of our townships to deliver services and programs to the community. Alexandrina Council leased a new space in Goolwa as a Community Hub to facilitate the Commonwealth Home Support Program providing support services for senior citizens enabling them to remain living in their own homes and actively participate in their community. Services include transport, home maintenance, social support, domestic assistance and minor home modifications.</p> <p>Alexandrina Council supported various arts and cultural activities, including Characters of the Fleurieu exhibition, SALA (South Australian Living Arts festival in August at Signal Point Gallery), Cedric Varcoe solo exhibition and the Just Add Water Arts and Culture Program. In addition there were many performances during this time such as Make Mama Proud and the Royal Australian Navy band.</p> <p>A number of Councils, with funding assistance from state and commonwealth governments, provided community transport services to assist transport disadvantaged people to access essential services. Councils have worked with NBN Co, the community, and key businesses to maximize the potential of the NBN to delivery improved services.</p>



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			<p>The Hills Connected Communities Program uses Results Based Accountability to specifically measure the level of community connection experienced by participants of their activities. Those measures are then used to review and if necessary redesign activities to increase community connection.</p> <p>Adelaide Hills Council has created a Business Development Framework for an Arts and Heritage Hub to be developed in Lobethal at the former Onkaparinga Woollen mill site. A Hub Director has been employed to work with community in implementing the framework.</p> <p>Yankalilla Council supports Community Connect – a weekly drop-in coffee morning where residents meet, connect and find information on services relevant to their needs. Kangaroo Island Council supports the Community Hub in Kingscote and helped fund the establishment of a Men’s Shed.</p>
Volunteering and Skills	2.5 Encourage and support volunteering and skills development opportunities that support and encourage active and connected communities.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>Victor Harbor, Yankalilla and Alexandrina Councils supported Southern Volunteering to provide a local volunteer referral service for residents wanting to get involved in community life and share their skills and experience. Mount Barker Council is working with Adelaide Hills Council to provide community groups with an online portal to advertise and recruit volunteers.</p> <p>Councils supported the development of volunteer management practices through provision of local training by Southern Volunteering, and through provision Child Safe Environments Training. Councils also supported a large number of volunteers who assisted councils with a range of programs and services. Councils continually review practices and procedures to improve volunteer management practices.</p> <p>Adelaide Hills Council employed a Volunteering Coordinator with a view to increasing volunteer attraction and retention rates as well as supporting and highlighting the value of volunteering across the community. Alexandrina created a Volunteer Support Officer role to recruit, manage and support volunteers. Mount Barker Council staff work closely with community members and groups to assist in identifying community needs and developing sustainable volunteer community programs that will deliver quality outcomes.</p> <p>Victor Harbor Council provided a Volunteer Week Small Grants Program to encourage and assist community groups to recognize the contribution of their volunteers.</p>



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
Access to services	2.6 Advocate for good access to health services across the region including through increased and improved health services for vulnerable communities through health agencies and the private sector. This includes advocating for improved medical and health services and public transport.	Stronger and Healthier Communities and Neighbourhoods for all Generations	<p>In partnership with relevant agencies and services Councils have advocated for, or contributed to reviews on a range of health and related services including:</p> <ul style="list-style-type: none"> • SAPOL Hills Fleurieu Local Service Area regarding provision of a Family Violence Officer in the Fleurieu area. • Minister for Youth regarding National Youth Week funding • Minister for Health regarding South Coast Emergency Department including patient transfer between the public and private hospitals, in patient mental health services, and security for staff • Social Development Committee of the South Australian Parliament inquiry into issues related to Regional Health Services • Productivity Commission Issues Paper relating to the Commission’s inquiry into the introduction of competition and informed user choice in human services. • University of Canberra’s Regional Wellbeing Survey. • Closure of Kalimna Hostel in Strathalbyn • Impacts of the Commonwealth aged care reforms for local government • Commonwealth Department of Health review of wellness and reablement approaches in home care for older Australians • University of South Australia, Department of Rural Health, study examining the health care expectations and experiences of regional South Australians • Commonwealth Department of Health national survey of Commonwealth Home Support Program service providers and experiences in implementing the Client Contribution Framework • Establishment of the General Practice Unit within the Women’s and Children’s Hospital • School/evening and weekend transport service between Goolwa and Victor Harbor to address the transport needs of youth in our region. • Country Cabinet in Victor Harbor and Yankalilla in June 2017 • Commonwealth Government supporting the petition to retain designated funding for volunteer management and Volunteer Support Services. • Commonwealth Government Department of Health discussion paper <i>‘Future reform – an integrated care at home program to support older Australians’</i>. • SA Health Public Health Indicator Framework • Establishment of a Headspace in Southern Fleurieu • Feedback on the summary framework for the State Public Health Plan 2019-2024



THEMES/TOPICS/STRATEGIES FOR THE REGION		STATE PUBLIC HEALTH PLAN STRATEGIC PRIORITY(S) ALIGNMENT	ACHIEVEMENTS
			<ul style="list-style-type: none"> Roundtable with the Federal Minister for Ageing - issues raised included people finding it difficult to navigate aged care system, importance of effective assessment of people's needs, long waiting lists for higher level aged care packages, social support, more integration in aged care system, the needs of carers and workforce considerations. <p>Mount Barker Council supported the Moorundi Aboriginal Community Controlled Health Service in identifying Aboriginal population and service delivery points in the Adelaide Hills region.</p> <p>Victor Harbor and Alexandrina Councils advocated for improved regular passenger transport between Goolwa and Victor Harbor including transport for young people. Kangaroo Island Council liaised with mainland based health and welfare services to address the particular needs of their community.</p>
THEME 3: PLANNING AND PARTNERSHIPS			
Planning and Policies	3.1 Integrate health objectives and outcomes within future planning for towns, new developments, facilities and open spaces. This includes reflecting health principles and objectives within Development Plans, Strategic Plans, community, open space and asset planning, and climate change planning.	All State Public Health Plan priorities	<p>Councils considered strategic planning priorities in the context of the State Planning review and implementation of the State Planning and Infrastructure Act. The implementation of the Statewide Planning reform process will result in a subsequent change from a Development Plan to the Planning and Design Code. Transition to the Code will facilitate the introduction of State Planning policies associated with health objectives.</p> <p>Councils maintained Long Term Financial Plans and Asset Management Plans and undertook Annual Business Planning to show what activities Councils would undertake to achieve their long term objectives.</p> <p>Victor Harbor Council finalised their Community Plan 2036 and Strategic Directions 2016-2020. Alexandrina Council completed the Strathalbyn Development Plan Amendment which included the provision of walking and cycling paths and a focus on a walkable town centre with revised car parking. The Adelaide Hills Townships and Urban Areas Development Plan Amendment has a focus on fostering active urban areas and policy seeking bike parking facilities as well as car parking in new commercial developments. Yankalilla Council has developed a Community Action Plan 2018-22 following district wide survey of residents</p> <p>The draft Structure Plan for Yankalilla, Normanville and Carrickalinga towns identifies future areas to support a growing population, including significant areas of open space and protection of nearby environmentally significant areas. Kangaroo Island Council has commenced a new Structure Planning strategy for the township and urban areas of the township of Penneshaw.</p>



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			<p>Mount Barker Council has committed to develop and implement a Community Development (Social Plan) Lead Strategy that will guide the continued improvement of community wellbeing and resilience. Alexandrina Council's Community Wellbeing Strategic Plan for 2018-2020 has been completed and endorsed.</p> <p>Yankalilla Council has developed an Age Friendly Strategy Action Plan 2018-22. Alexandrina Council has endorsed an Age Friendly Communities Plan.</p> <p>With consideration for the work undertaken by the LGA SA to define a role for local government in supporting communities impacted by domestic violence, Victor Harbor, Yankalilla and Alexandrina Councils, through the Fleurieu Region Community Services Advisory Committee, adapted resource documents which highlight resources for victims of domestic violence and how councils can factor awareness of domestic violence into their daily operations.</p>
Advocating on Social issues	3.2 With potential health partners, advocate for social health issues in the region to be addressed, including drug and alcohol abuse, mental health, domestic violence and homelessness. A coordinated approach to responding to these issues will be required.	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p> <p>Increasing Opportunities for Healthy Living, Healthy Eating and Being Active</p>	<p>In partnership with relevant agencies and services, Councils have advocated for improved access on a range of health and related services.</p> <p>Councils provided local government nominees to respective Country Health SA Health Advisory Councils (Hills Area, Kangaroo Island and South Coast) to relay ideas and views from the community to facilitate planning for new and improved health and wellbeing services.</p> <p>Councils advocated for the local and regional needs of older people through contribution to consultations and submissions related to aged care policy reform and related issues.</p>
Networking	3.3 Participate in and support networking within the health sector, including resource sharing and partnering opportunities.	<p>Stronger and Healthier Communities and Neighbourhoods for all Generations</p>	<p>Councils facilitated and/or supported a range of networks to encourage information sharing, networking, collaboration, partnerships and advocacy including:</p> <ul style="list-style-type: none"> • Southern Fleurieu Youth Network • Southern Fleurieu Service Providers Network • Strathalbyn Service providers Network • Hills Positive Ageing Taskforce • Southern Fleurieu & Kangaroo Island Positive Ageing Taskforce • Fleurieu Violence Against Women Collaboration • Southern Fleurieu Housing Roundtable • Hills Community Passenger Network



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			<ul style="list-style-type: none"> • Hills Connected Consortium • Hills Dementia Action Group • Hills Youth Action Group • Regional Youth Sector Network • Hoarding and Squalor Working Group • Special Interest Groups relating to the following public health topics – Waste water, Food Act and Health Managers Forum. <p>Councils continue to network with other regional Councils at various levels to identify potential opportunities to partner in funding applications and new health initiatives.</p>
Across Region initiatives	3.4 Consider opportunities for across region initiatives (including between 'sub regions') to achieve health initiatives and services that are beyond the scope of an individual Council or there is an economic or social benefit to establishing a partnership.	All State Public Health Plan priorities	<p>Councils partnered to provide a range of community services and other initiatives, including the Fleurieu Region Aquatic Centre and Fleurieu Region Waste Authority. Member councils contributed to the upgrade of the waste transfer station at the Goolwa waste and Recycling Depot.</p> <p>Adelaide Hills, Mount Barker and Alexandrina Councils work collaboratively across the region to deliver transport services and support for positive ageing service providers.</p> <p>Adelaide Hills and Mount Barker Councils work collaboratively to provide support for volunteer involving organisations.</p> <p>Victor Harbor, Yankalilla and Alexandrina Councils are members of the Fleurieu Regional Community Services Advisory Committee where the Regional Health Plan is a regular agenda item allowing cross-Council discussion of current issues and trends</p> <p>Yankalilla, Victor Harbor and Alexandrina Councils partner in the provision of Fleurieu Families to provide a range of supports for families with children.</p> <p>Through the Star Club Field Office Program, Alexandrina, Victor Harbor, Yankalilla and Kangaroo Island Councils supported the development of strong and sustainable sporting clubs and enhanced support to councils on a range of recreation and sort matters.</p>



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			<p>Councils participated in the Adelaide Hills, Fleurieu and Kangaroo Island Zone Emergency Committee in order to maintain a Zone Management Plan. Councils participated in the Fleurieu Bushfire Management Committee to develop and maintain a Regional Bushfire Management Plan.</p>
Funding and resources	3.5 Seek additional funding and resources from other levels of government and funding providers to contribute to achieving health initiatives in the region.	All State Public Health Plan priorities	<p>Councils receive funding from state and commonwealth governments for a wide range of health and wellbeing initiatives including:</p> <ul style="list-style-type: none"> • Office for Recreation and Sport • Department for Communities and Social Inclusion (now Department for Human Services) • Commonwealth Department of Health • Commonwealth Department of Social Services • Commonwealth Department of Infrastructure, regional Development and Cities <p>Alexandrina Council received a Smart Cities grant to support the delivery of innovative smart city projects that improve the livability, productivity and sustainability. Alexandrina received \$40k from the State Government to upgrade the Goolwa Skate Park bowl and \$25k towards the building of a Pump Track at the same site</p> <p>Adelaide Hills Council received \$ \$437,000 from the State Government Funding as part of the Sporting Surfaces Program for projects in Netball and Tennis Court surfacing in Heathfield and at the Stonehenge site in Stirling. Adelaide Hills has been successful with numerous grants to develop a masterplan, design details and installation of quick win projects for the Gumeracha Main Street.</p> <p>Yankalilla Council’s Grants Officer worked with local sporting and other community groups in the creation of grant funding submissions, securing over \$750,000 for numerous community groups.</p> <p>Mount Barker Council has been successful in obtaining funding for the Regional Sports Hub at Mount Barker:</p> <ul style="list-style-type: none"> • Federal Government –\$3.75 million (Community Development Grant) • Federal Government - \$4.4 million (Building Better Regions Fund) • South Australian Government – soccer facilities \$2.5 million (via SA Football Federation) • South Australian Government – female change room facilities \$0.475 million • South Australian Government - \$0.8 million <p>Mount Barker Council received a \$10 million Federal Government Building Better Regions Fund grant for a Regional Indoor Aquatic Facility.</p>



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			<p>Hills Community Transport will receive an additional \$83,000 in the 2018/19 financial year to further expand transport services in the region. The Southern Communities Transport Scheme will receive an additional \$45,000.</p> <p>A number of Councils received funding from the Commonwealth Department of Health, Commonwealth Home Support program for services to support older people to remain within their own homes.</p>
Coordinated approach	3.6 Adopt a coordinated and strategic approach to obtaining funding, strengthening health partner relationships and achieving health related initiatives. This could involve a region-wide working group that liaises on health opportunities and initiatives.	All State Public Health Plan priorities	<p>All councils in the region participate in the Southern and Hills Local Government Association Regional Public Health Working Group. The Southern & Hills LGA Executive Officer provides administrative and secretarial assistance to this group. The key outcomes and successes of the Southern and Hills Local Government Association Regional Public Health Working Group are reported to the Southern & Hills LGA Board via the Executive Officer Board report.</p> <p>The Fleurieu Region Community Services Advisory Committee (a Section 41 Committee) supported a regional approach between the Victor Harbor, Alexandrina and Yankalilla to:</p> <ul style="list-style-type: none"> • Advise on planning, development and implementation of regional community service programs. • Monitor and review the operations of Councils' regional community service programs. • Identify current and emerging regional community service needs and make recommendations on priorities for future planning and service development. • Facilitate regional advocacy and support for responses to local community services issues, and in particular local initiatives with regional significance. <p>The Fleurieu Region Community Services Advisory Committee (Victor Harbor, Alexandrina and Yankalilla Councils) entered into an MOU with the Country SA Primary Health Network (PHN) to act as a Primary Health Care Committee to the PHN.</p> <p>Through the Fleurieu Families Program, Alexandrina, Victor Harbor and Yankalilla Councils are developing a Collective Impact Plan to support a regional approach between agencies and services to support for the wellbeing of children.</p>



Section 2: EMERGING PUBLIC HEALTH ISSUES AND OPPORTUNITIES

Challenges

- **Funding for infrastructure and services.** Funding and providing sufficient services and community infrastructure is an ongoing challenge for councils in the region. Building the healthy communities of the future requires access to local services, schools, employment opportunities, recreation and open space, community meeting places, health services and public transport. Mount Barker and Alexandrina Councils are experiencing significant growth and change as a result of the 30-year Plan for Greater Adelaide. There is a need and opportunity to improve the alignment of other systems such as education, transport, infrastructure and health with the urban planning system of South Australia. Victor Harbor, Yankalilla and Adelaide Hills have specific challenges around servicing older populations. Kangaroo Island has specific challenges around distance and low population base, while Kangaroo Island, Alexandrina, Yankalilla and Victor Harbor share specific challenges around non-resident ratepayers and seasonal population changes. Climate change offers significant challenges for all councils in the region.
- **Disease prevention and health promotion.** There are concerns about the impacts of the Department of Health's withdrawal from disease prevention and health promotion. The reduction in community health services and withdrawal of the State from engagement around disease prevention is not being addressed by other levels of government, or by increased funding for the not for profit or private sector. There is a risk for both future health care cost increases, and negative outcomes for communities in the medium to long term if there is insufficient activity and investment in health promotion and disease prevention initiatives.

Emerging public health issues

- Homelessness and people at risk of homelessness is a developing concern across much of the region. Mount Barker District Council have noticed an increase in the visible homelessness in the Council area and as a result are going to undertake a workshop with agencies, church groups and other organisations that are involved in addressing homelessness to identify current level of services and advocate for increased services to address identified gaps. Council is also looking at advocating for increasing emergency housing within the Council area for both homelessness and people fleeing domestic violence.
- The region is diverse with a mix of age, socio-economic and resident characteristics, and as a result the public health issues across the region vary, however the main issues identified in the development of our public health plan continue to be relevant and relate to:
 - Ageing population
 - Youth and childhood development
 - Lower socio-economic communities
 - Drug and alcohol abuse
 - Mental health
 - Geographic and social isolation
 - Public transport

Opportunities

- **Sharing learning and experiences.** There is significant opportunity for councils in the region to better share their learning and experience in developing and implementing programs that respond to the public health needs of communities.
- **Partnerships and collaboration.** While there is already significant partnering and collaboration between councils in the region there is an opportunity to enhance collaboration and build new partnerships in responding to the public health needs of communities.
- **Measuring success.** There is an opportunity to further develop awareness of social determinants of health and health equity as a basis for measuring whether public health plans are having a positive impact of the health and wellbeing of communities.